



**GLOBAL ACTION PLAN
INTERNATIONAL**

* **Lifestyle, Happiness and
the UN SDGs**

International Convention of
Environmental Laureates, Freiburg, 2016

Global Action Plan International

- * Empowering people to live and work increasingly sustainably
- * Conscious choice
- * Change in personal and professional behaviour
- * What change?

* **An ambition**



The place to improve the world is first in one's own heart, head and hands, and then work outwards from there

The problems may be global and systemic, still change starts within each of us

Robert Pirsig

- * Change cannot be planned
- * Change happens when the conditions are right
- * The right conditions create a climate for change

*** A climate for change**

Change happens when there is a reasonable balance between dissatisfaction and hope



Sustainable Development Goals, SDGs

- * For all
- * 17 goals of which 10 relate directly to wellbeing

* **New sources of hope**

GNH - an inspiration for the SDGs

* 'Hope for a troubled world'


* A key to developing conscious lifestyles

* **New sources of hope**

SDGs + GNH = path to happiness?

- * Risk of sub-optimization
- * Interconnectedness
- * "50/50 by 2030"
- * Be a mosquito

*** Will we do it?**

An aerial photograph of a hurricane, showing a distinct eye in the center surrounded by dense, swirling cloud bands. The image is in black and white, emphasizing the textures of the clouds and the dark ocean surface.

We must all live together as brothers,
or we will all perish together as fools

Change starts with each of us

- *We stop wasting our resources - human as well as others
- *We include 'the other'
- *We balance participation with results
- *We explore radical collaboration based on accumulated wisdom

***Making it happen**

**Thank you for your attention.*

Marilyn Mehlmann

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***For a happier world**